



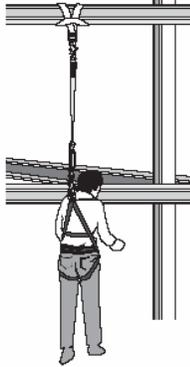
Company Name: _____ Job Site Location: _____

Date: _____ Start Time: _____ Finish Time: _____ Foreman/Supervisor: _____

Topic 660: Fall Protection Checklist

Introduction: Careful planning, preparation, assessment of the work-site for fall hazards, and the selection of appropriate protective systems must be provided and installed before any employees may begin work. Following is a fall protection checklist to utilize before working at heights:

- Safety factor
- Safety monitoring system
- Fall-protection plan
- Fall-restraint system
- Personal fall-arrest system
- Qualified person
- Anchor
- Body harness
- Connector
- Connector strap
- Carabiner
- Deceleration device
- Self-retracting lifeline/ lanyard
- D-rings
- Equivalent
- Horizontal lifeline
- Lanyard
- Rip stitch lanyard
- Shock-absorbing lanyard
- Special woven lanyard
- Lifeline
- Rope grab
- Sag angle
- Snap hook
- Tie off
- Tie-off adaptor /beam connector
- Vertical lifeline
- Termination plate
- Controlled decking zone
- Chain positioning assembly
- Barricades
- Controlled-access zone
- Cover
- Guardrail system
- Vertical barriers
- Ledger board (stringer)
- Midrail
- Platform
- Putlog
- Roof brackets
- Slide guards
- Safety net system
- Scaffold
- Suspended scaffold
- Toeboard
- Warning/barrier lines
- Warning line system
- Hard hat
- Safety boots
- Gloves
- Safety glasses, goggles



A suspended worker who can not perform a self-rescue must be rescued promptly.

| Fall Hazard Checklist | | |
|---------------------------|--------------------------|--------------------------|
| Hazard | Yes | No |
| Hoist Areas | <input type="checkbox"/> | <input type="checkbox"/> |
| Holes | <input type="checkbox"/> | <input type="checkbox"/> |
| Formwork | <input type="checkbox"/> | <input type="checkbox"/> |
| Rebar | <input type="checkbox"/> | <input type="checkbox"/> |
| Runways | <input type="checkbox"/> | <input type="checkbox"/> |
| Excavations | <input type="checkbox"/> | <input type="checkbox"/> |
| Dangerous Equipment | <input type="checkbox"/> | <input type="checkbox"/> |
| Overhand Bricklaying | <input type="checkbox"/> | <input type="checkbox"/> |
| Floor Joists and Trussing | <input type="checkbox"/> | <input type="checkbox"/> |
| Floor Sheathing | <input type="checkbox"/> | <input type="checkbox"/> |
| Erecting Exterior Walls | <input type="checkbox"/> | <input type="checkbox"/> |
| Roof Trussing - Raftering | <input type="checkbox"/> | <input type="checkbox"/> |
| Roof Sheathing | <input type="checkbox"/> | <input type="checkbox"/> |
| Roofing | <input type="checkbox"/> | <input type="checkbox"/> |
| Wall Openings | <input type="checkbox"/> | <input type="checkbox"/> |
| Falling Objects | <input type="checkbox"/> | <input type="checkbox"/> |



| Fall Protection Systems | | | | | |
|------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| | N/A | Installation | Maintenance | Inspection | Disassembly |
| Guardrail Systems | <input type="checkbox"/> |
| Personal Fall Arrest Systems | <input type="checkbox"/> |
| Safety Net Systems | <input type="checkbox"/> |
| Controlled-Access Zones | <input type="checkbox"/> |
| Roof Brackets | <input type="checkbox"/> |
| Covers | <input type="checkbox"/> |
| Fences and Barricades | <input type="checkbox"/> |
| Safety-Monitoring Systems | <input type="checkbox"/> |

Remember: "Employers shall provide and install all fall protection systems required before an employee begins work."

Work Site Review

Work-Site Hazards and Safety Suggestions: _____

Personnel Safety Violations: _____

Employee Signatures:

(My signature attests and verifies my understanding of and agreement to comply with, all company safety policies and regulations, and that I have not suffered, experienced, or sustained any recent job-related injury or illness.)

Foreman/Supervisor's Signature: _____

These guidelines do not supersede local, state, or federal regulations and must not be construed as a substitute for, or legal interpretation of, any OSHA regulations.