



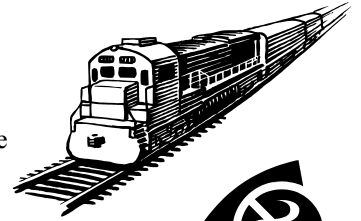
Company Name: _____ Job Site Location: _____

Date: _____ Start Time: _____ Finish Time: _____ Foreman/Supervisor: _____

Topic 254: Ten Easy Steps to a Safer Railroad Site

Introduction: Working around railroad work sites can be a hazardous job. Heavy tools and parts, moving railcars and equipment, trip hazards, material storage and handling, and many other factors combine to make a railroad work-site an easy place to get injured if you are not aware of safety requirements and safe working practices. Following are safety steps to take in the ten most common accident prone areas of a railroad work-site:

- ① **Get the Right Training for your Job:** Make sure you are properly trained to do any job requested of you, if you are uncertain of the correct and safe method or procedures, ask your supervisor for information or training to do the job right.
- ② **Personal Protective Equipment:** Equipment such as hard hats, safety glasses, gloves, and steel toe boots are personal protective equipment needed to avoid injuries. Make sure you have the right equipment available and that you use it.
- ③ **Obey the Signs:** Eye protection required, hard hat area, no smoking, authorized personnel only and other signs, placards, and tags are posted to protect you. Watch for and obey the warnings posted on the work-site.
- ④ **Keep Your Work Area Clean:** A clean work area is a safer work area. Remove trash and debris as soon as possible from your work area. Keep your area free of clutter and trip hazards.
- ⑤ **Store Material Properly:** Store ties, rail, and other material neatly in tiers that are stacked, racked, braced, cribbed, or blocked to prevent shifting or falling. If material is stored in racks or shelves, do not exceed the weight limit for the storage system.
- ⑥ **Use the Right Tool:** Do not substitute tools for a job they weren't designed for. For example, do not use a wrench as a lining bar, or a spike maul as a sledge hammer. Inspect tools for damage or excessive wear before you use them, if either condition is found, remove the tool from service. Maintain and store your tools properly.
- ⑦ **Keep Guards On:** Ensure that all machine and equipment guards are in place and secure before using the tool or equipment. Guards are there to protect you and are designed by the manufacturer to do that. Never remove or disable guards.
- ⑧ **Watch for Hazards:** Watch for unsafe conditions. If you see a hazardous situation or condition fix it or report it immediately. If it is a piece of equipment which is unsafe remove it from service, or lock or tag it to warn others.
- ⑨ **Watch for Rail Traffic:** Do not walk or step on rails or moveable track components. Look both ways before you cross a track. Do not get between two pieces of on track equipment unless they are separated by at least 50 feet. Stay at least 30 feet from the track while traffic is passing.
- ⑩ **Yield the Right-Of-Way:** Stay out of the way of equipment and vehicles on the work-site. An operators field of view may be restricted, or the operator may be distracted. Never simply assume the driver sees you, give him the right-of-way.



Conclusion: Use common sense and good judgment. Stay alert for hazards and follow safety rules and policies; they are for your protection.

Work Site Review

Work-Site Hazards and Safety Suggestions: _____

Personnel Safety Violations: _____

Employee Signatures: _____
(My signature attests and verifies my understanding of and agreement to comply with, all company safety policies and regulations, and that I have not suffered, experienced, or sustained any recent job-related injury or illness.)

Foreman/Supervisor's Signature: _____

These guidelines do not supercede local, state, or federal regulations and must not be construed as a substitute for, or legal interpretation of, any OSHA regulations.